



*Healthy House* on the block

**HEALTHY DRINKING WATER**

*Tool Box*

# HEALTHY DRINKING WATER *Tool Box*

*The only way to protect your family and your home is to empower yourself with knowledge. Knowing your home's water quality inside and out will give you the answers and facts you need to determine if more purifying is necessary to keep you safe.*



## SAFE WATER MAINTENANCE CHECKLIST

### *Check your House*

#### *Check ONE*

Your house water pressure can change and for different reasons throughout seasonal changes and changes in your home. All it takes is a little know-how and an \$20 tool from the hardware store. See the LAST page for the walk-through steps.

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#### *Check TWO*

Homes with water softeners or iron filters that contain a media such as salt need to be refilled in order to maintain proper performance. Whenever you replace your softener salt it's a good idea to check the working function of your softener as well. If it looks like something is not working, it's a good idea to call a professional right away.

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#### *Check THREE*

Depending on your location, you may choose to use a water filter. Depending on your water usage, replacing your water filters every 4-6 months is ideal. Try to have a filter on hand all the time so you don't have to order one when you're ready to change it out.

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#### *Check FOUR*

When you're doing your seasonal maintenance, check your water main as well. Problems with a water main can sneak up and cause an interruption in water service if the problems are missed in the early stages.

### *My Maintenance Checklist*

*Check ONE: HOUSE WATER PRESSURE*

**(twice a year: spring & fall)**

*Check TWO: SOFTENER CHECK & SALT REFILL*

**(every 6-8 weeks)**

*Check THREE: WATER FILTER REPLACEMENT*

**(every 4-6 months depending on your water usage)**

*Check FOUR: VISUAL INSPECTION OF WATER MAIN*

**(twice a year: spring & fall)**

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## *Private Well*

### MAINTENANCE CHECKLIST & WORKSHEET

LOCATION OF MY WELL : \_\_\_\_\_

WELL CONTRACTOR REPAIR PROFESSIONAL: \_\_\_\_\_

#### RECORD OF VISUAL INSPECTIONS & NOTES:

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

#### RECORD & RESULTS OF BACTERIA & NITRATE TEST:

DATE: \_\_\_\_\_ RESULTS: \_\_\_\_\_

DATE: \_\_\_\_\_ RESULTS: \_\_\_\_\_

DATE: \_\_\_\_\_ RESULTS: \_\_\_\_\_

DATE: \_\_\_\_\_ RESULTS: \_\_\_\_\_

#### RECORD OF PROFESSIONAL INSPECTION:

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

DATE: \_\_\_\_\_ NOTES: \_\_\_\_\_

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## *Softener Maintenance:*

TYPE OF SALT: \_\_\_\_\_

WATER SOFTENER REPAIR PROFESSIONAL: \_\_\_\_\_

RECORD OF SALT REFILLS & VISUAL INSPECTIONS:

\_\_\_\_\_  
\_\_\_\_\_

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## *Water Filter Maintenance*

TYPE OF FILTER: \_\_\_\_\_

WATER FILTER REPAIR PROFESSIONAL: \_\_\_\_\_

RECORD OF WATER FILTER REPLACEMENTS:

\_\_\_\_\_  
\_\_\_\_\_

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## *Water Main Inspection*

LOCATION OF MY WATER MAIN: \_\_\_\_\_

PUBLIC WATER DEPARTMENT CONTACT: \_\_\_\_\_

RECORD OF VISUAL INSPECTION & NOTES:

\_\_\_\_\_  
\_\_\_\_\_

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## *Water Pressure Check*

LOCATION OF MY PRESSURE REDUCING VALVE: \_\_\_\_\_

PLUMBING CONTRACTOR CONTACT: \_\_\_\_\_

DATE & RESULTS OF WATER PRESSURE CHECKS:

\_\_\_\_\_  
\_\_\_\_\_

# HEALTHY DRINKING WATER *Tool Box*

## *Test Your Water Pressure*

*Step ONE:* Purchase a water pressure gauge kit to attach to a hose bib ([THIS ONE ON AMAZON IS GREAT](#))

*Step TWO:* Find a water outlet (usually a hose bib) close to your home's main water supply source or near the water meter.

*Step THREE:* Turn off all faucets and appliances that use water (EVERYTHING).

*Step FOUR:* Screw the gauge onto the end of the hose bib you have chosen.

*Step FIVE:* Open the water supply valve that controls the faucet your gauge is attached to. (TURN YOUR VALVE ON SLOWLY until it's fully open).

*Step SIX:* Read the pressure on the needle once the gauge stops moving. You want your pressure to range between 50 PSI & 75 PSI.

*Step SEVEN:* Close the valve and wait a few minutes. Repeat the test one more time to verify pressure reading.

*When to call*

A PROFESSIONAL

1. Anything is too hard to turn
2. You feel uncomfortable
3. Home history of plumbing issues

## *Adjust Your Water Pressure*

*Step ONE:* Locate your Pressure Regulator Valve.

*Step TWO:* Locate the screw on top of the water pressure regulator.

**TO INCREASE WATER PRESSURE: Turn the screw CLOCKWISE**

**TO DECREASE WATER PRESSURE: Turn the screw COUNTER-CLOCKWISE**

*Step THREE:* Slowly adjust your pressure regulator to around 60 pounds per square inch (PSI)

*Food for Thought*

The lower (yet functional) your water supply is, the more water you will conserve. You can also increase the lifespan of your plumbing by adjusting your water pressure regulator to the lower setting.